  

**The "heads" should align on most figure drawings this way:**

1. First head length: head!
2. Second head length: chest line at nipples.
3. Third head length: waistline, at bellybutton.
4. Forth head length: groin area.
5. Fifth head length: a bit above the knee.
6. Sixth head length: just below knee.
7. Seventh head length: above ankle (or mid-calf, if the person is 8 heads).
8. Seven & 3/4 (or eighth) head length: at bottom of feet.

Other measurements that should be noted:

* When the arms are at the side, the wrist bone aligns with the groin area.
* The elbow aligns with the waistline—around or above the bellybutton.
* Shoulder width, side-to-side is about 2 to 2 1/3 heads wide.

